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TO LIFE**
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Your essential daily news | THURSDAY, JUNE 2, 2016
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**FRITZY
GRIEVED**

**Owner mourns
mauled cat, calls
for crackdown
on off-leash dogs**
metroNEWS

CONTRIBUTED

**Drivers
vs. riders**

DEBATE
**Light rail
over highway
widening, urge
councillors**


**Emma
Jackson**
Metro | Ottawa

Bring light rail to Kanata before you widen the 417, councillors told the province Tuesday.
Kitchissippi Coun. Jeff Leiper, Somerset Coun. Catherine McKenney and Kanata North Coun. Marianne Wilkinson sent a joint letter to provincial MPPs on Tuesday to oppose to the planned widening of Highway 417.
Energy Minister Bob Chiarelli announced last week the government will widen the highway by one lane in each direction between Carling and Maitland avenues by 2020, eventually extending the new lanes down to the 416 exit. But the councillors argue the move won't solve congestion — in fact, they say, it will actually attract more drivers.
“Widening the Queensway only induces demand, we know that,” said McKenney.
Speeding up the plans to bring light rail to Kanata, however, would “do so much” to reduce the painful commute west-end residents face every day getting to and from the core.
“Extending light rail further west into the growing Kanata community would have unmatched long-term benefits,” the letter said.
The letter called choosing roads over transit “problematic” in light of provincial and municipal greenhouse gas emissions targets.
“We would respectfully ask that the timetable for highway widening be postponed,” it concluded.
Leiper guessed the cost of the widening — unknown at the moment — would likely be on par with the province’s share of a jointly-funded rapid transit extension.
“That (estimated) \$150 or \$200 million would go a long way,” he said.



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Three ways the notorious Ottawa jail could change



On Wednesday, a 13-member task force released 42 recommendations in a report to address overcrowding at the Ottawa-Carleton Detention Centre. Here are some highlights from the report. JOE LOFARO/METRO

Critics: Report doesn't go far enough

A provincial task force released sweeping recommendations Wednesday for the province to fix overcrowding at the Ottawa-Carleton Detention Centre, but some critics say that they don't go far enough to result in real change.

The 42 recommendations in the report, announced by Community Safety Minister Yasir Naqvi, are seen as a positive step in fixing chronic problems at the jail, including health care, overuse of segregation and poor food.

Karin Stein, a criminal lawyer and vice-president of the Defence Counsel Association of Ottawa, said the bail system is the root cause of the overcrowding problem at the jail.

She said she would have liked to have seen the task force go even further by recommending the courts allow first-time offenders and those accused of less violent crimes like mischief to be released on their own undertaking instead of relying on sureties and "restrictive" conditions.

"The sureties should really only come into play when there is a concern that this individual is somehow creating a risk or that they seem to be incapable of monitoring themselves."

Vikki Bair, the city's top Crown attorney and task force member, said she welcomes the proposed alternatives to keeping offenders in remand, but without them the Crown's office has a duty to maintain public safety and detain offenders when necessary. JOE LOFARO/METRO



IMPROVING THE BAIL SYSTEM

- Ask the province to consider funding "bail beds" to supervise offenders in the community instead of in jail
- Create an "in-custody" trial court in Ottawa to deal with pre-trial issues



REDUCING SEGREGATION

- Significantly reduce the use of segregation and ensure inmates have the right to fresh air, interaction with others, and mental health support
- Improve mental health services for inmates in segregation



ENHANCING INMATE HEALTH CARE

- Make the Ministry of Health and Long-Term Care responsible for inmate health, as opposed to the corrections ministry
- Find alternative housing options within the community for inmates with mental health issues

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Chelsea resident Terri Scott said two dogs grabbed her cat Fritzzy (pictured) and “threw him up in the air like a ragdoll.” CONTRIBUTED

Woman mourns over mauled cat

SAFETY

Animal's death spurs owner to push for park, enforcement



Lucy Scholey
Metro | Ottawa

A Chelsea, Que. woman is calling for a crackdown on off-leash dogs after allegedly watching two hounds maul her cat to death.

Terri Scott said she had just let out her black-and-white cat, Fritzzy, on the morning of May 9 when she heard loud barking and cat squeals.

Scott said she and her husband, Helmut Beffert, ran outside to see a neighbour's two hounds chasing after Fritzzy on the property. The dogs grabbed hold of the cat and “threw him up in the air like a ragdoll,” she said.

“He was split open and his

guts were falling out,” said an emotional Scott. To try and comfort him, Scott touched his fur, but the frightened animal bit her.

After about 15 minutes in that state, Fritzzy died on the couple's driveway.

Because the couple owns four



He was split open and his guts were falling out.

Terri Scott

other cats — who all like to roam beyond their rural Chelsea home — Scott said they have been on “high alert” since that incident.

She said the dogs returned on Monday, almost three weeks later, and chased after the cats who were lounging on the deck. This time, Scott called the police.

MRC des Collines police spokesperson Martin Fournel said the file has been referred to the SPCA.

Gordon Mamen, the dogs' owner, was out of the province and unavailable when Metro reached out to him on Wednesday, but agreed to speak about the incident upon his return.

“There's been a problem and we're trying to do what we can to fix it,” he said. “There's different sides to every story, as you know.”

Scott will attend a Chelsea council meeting on Monday evening to propose increased enforcement, a new off-leash dog park and a “more serious education campaign.”

According to municipal bylaw, dogs are not allowed to wander beyond the property without a leash. Otherwise, their owners must keep a leash on hand and close watch over the animals.

Barbara Martin, a Chelsea councillor, said council will consider putting up more signs telling people to keep their dogs tied up.

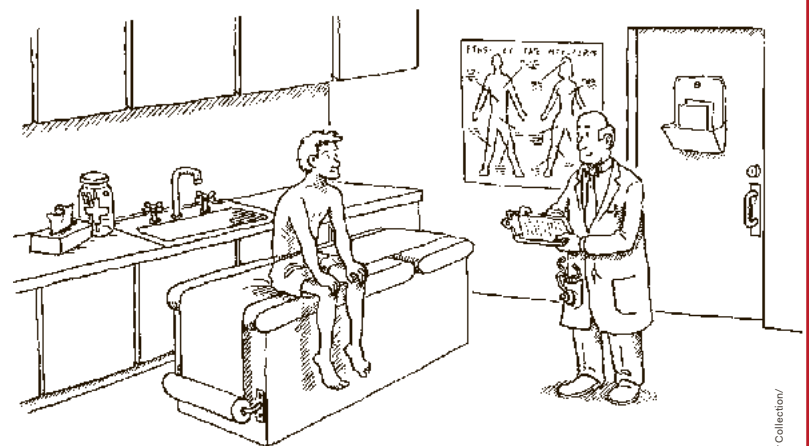
“As much as we feel like we're living out in the country, you still have an obligation to keep your dog on the leash,” she said.

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Eric Lewis/The New Yorker Collection/
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Commissioner wants more French

FRANCOPHONES

Says provincial services should be bilingual Ontario-wide

Ontario's French language commissioner says francophones should be able to get government services anywhere in the province, not

just in 26 designated regions. The Ontario French Language Services Act is 30 years old, and commissioner Francois Boileau says it's time to update the legislation and expand its reach.

Currently, the Ontario government and designated agencies must provide services in French in communities with 5,000 or more francophones or in areas where francophones make up more than

10 per cent of the population.

But the government can simply designate an area where it will be required to provide services in French even if the numbers don't warrant it.

Boileau says it makes sense to make Ontario one large designated area for the provision of government services in French, and he wants them to be "active offers" so people don't have to ask to

be served in French.

The designation of the entire province would not be the same as declaring Ontario officially bilingual like New Brunswick.

The commissioner also called on Ontario politicians to make online posts in both official languages, not just in English.

"Provincial ministries and agencies are using the web, blogs, Facebook, Twitter and

so on to get their message out quickly," said Boileau.

"Yet social media are also a form of direct communication with citizens, and all communications from ministries and agencies should be initiated in both official languages."

Ontario updated the definition of francophones under the act in 2009, but Boileau says it should be updated periodically through regulations.

"We need to consider whether the time has come to review the definition to ensure that it is sufficiently inclusive," he said.

Ontario defines francophones as: "persons whose mother tongue is French, plus those whose mother tongue is neither French nor English but have a particular knowledge of French as an official language and use French at home." THE CANADIAN PRESS



Acts like The Boxcar Boys sell tickets, but festivals have to shell out to the city, says an organizer. COURTESY TD OTTAWA JAZZ FESTIVAL

CULTURE

City bylaw costing festivals: Organizer



Emma Jackson
Metro | Ottawa

A long-time festival organizer says Ottawa's special events bylaw is hurting major events.

Catherine O'Grady, executive director of the TD Ottawa Jazz Festival, said she predicted local festivals would be on the hook for transit and policing when the bylaw was first discussed.

City staff assured her otherwise. Yet, in 2014, "suddenly we had police costs, which we'd never had before," O'Grady said.

That year, Jazz Fest was asked six weeks before their opening night to pay \$17,000 for Ottawa police staff, she said, or risk rejection of their event permit.

O'Grady said the bylaw targets non-profit festivals that already

scrimp to put their shows on.

"Do the barmen down in By-Ward Market pay anything extra for all the police that end up swarming the market at 3 a.m.?" O'Grady said. "Is not everyone entitled to the same amount of service?"

OC Transpo made headlines this spring as it attempted to recoup \$200,000 in transit costs from Bluesfest, settling on \$100,000. This week, the Ottawa Asian Festival revealed it must pay \$18,000 for extra transit to Lansdowne Park.

"It's outrageous," said O'Grady. "The nickel and diming of festivals is just going to kill us."

The city wasn't available to comment, but OC Transpo's Pat Scrimgeour said Tuesday all of Lansdowne's events attracting more than 5,000 people must cover extra transit.

CONCERT

Canada Day acts revealed

On Wednesday, Heritage Minister Mélanie Joly announced the official lineup of musical acts for Ottawa's 2016 Canada Day Celebration.

The free concert on Parliament Hill will run from 12 to 1:30 p.m. and feature Ontario's Metric and Coleman Hell, Quebec's Alex Nevsky and Coeur de Pirate, Manitoba's Indian

City, New Brunswick's Les Hay Babies and British Columbia's Alex Cuba.

Rebecca Makonnen and Cardinal Offishall will host.

Fireworks on the hill begin at 7:30 p.m. and other family-friendly festivities will be taking place at Major's Hill Park and Canadian Museum of History. HALEY RITCHIE/METRO

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Kindness on display. PHOTOS: KEVIN TUONG/METRO



Some lawns haven't been maintained in a while.



A ruined playground is a reminder of the rebuilding to come.

'Bittersweet to be home'

Return to **FORT MAC**

A city comes back from its toughest moment



Alex Boyd
Metro | Edmonton

On Wednesday morning, Gerald Wong watched his city come back to life.

"Three days ago it was literally a ghost town," said Wong, a lifelong resident who arrived back in Fort McMurray early to

reopen McMurray T.V. Centre, the electronics store he manages.

"I would stand in the middle of Franklin [Avenue], right there," he said, pointing to Fort McMurray's main street.

As the first wave of residents returned to their fire-ravaged city Wednesday, car after car honked at a line of firefighters, who hoisted a Canada flag on their ladders atop an overpass.

After almost a month in exile, Wednesday marked the start of the staged re-entry of the estimated 90,000 thousand people forced to flee the wildfire.

The first zone to be reopened includes downtown, which was

relatively unscathed by fire, with major residential neighbourhoods that were more affected opening later in the week.

Standing on the sidewalk on Franklin, morning radio show host Matthew Baron was offering a welcome of his own, standing beside a sign reading "Free Welcome Home Hugs."

"Every morning when I'm on the air you can come on down, tap on the window of the studio and I'll give you a hug."

Despite the uptick in activity, there are still signs of what happened while all were gone.

Grass on otherwise well-tended lots is ankle deep. A

recycling bin holds hundreds of copies of the May issue of a local newsletter that will never be read.

The dumpsters of a local convenience store are piled high with frozen chickens and cheese buns that expired weeks ago.

Most stores are closed, but personnel linked to services deemed essential were let back into the city early — so some grocery stores are open, gas stations ready to fuel cars, but not much else.

There aren't a lot of people around yet, but with the extra police and government vehicles, residents say traffic is almost back to normal.

WELCOME

A family's homecoming

The first thing they noticed is the smell. Well, the lack of it.

"It smells so good," said Heather Thomas, who along with her husband Russell walked into her house for the first time in almost a month Wednesday after being allowed to return to Fort McMurray.

Heather, Russell and their two sons live just outside of downtown Fort McMurray, in a house surrounded by a large garden.

It's an area relatively untouched by the wildfire that forced more than 90,000 to flee the city.

But that's not to say the house wasn't threatened: The hill right across from the Thomas' neighbourhood is a sea of burnt trees.

That led to all sorts of stress and worry.

"In the first couple of days, there was no level of comfort around this part of town," Russell said.

"Oh, rumours, left right and centre," Heather added. "This is

gone, that's blown up."

Thankfully, none were true.

Inside the house, the couple took in their surroundings Wednesday: Despite the faint scent of smoke and a few things left in a hurry, it was all as if they'd left it that morning rather than in early May.

Having assessed the house's general condition, the couple then went to other areas.

Russell, an artist, headed to his studio out back. He opened the door and looked relieved.

A dozen or so paintings were safe.

The two emphasized how lucky they are compared to the many who have lost houses.

But: "We haven't seen what agencies are lost, what neighbours and friends' and colleagues' homes look like," Heather said.

The next hurdle, Russell added, is knowing who's back, who's coming back and who isn't. ALEX BOYD/METRO



Russell and Heather Thomas embrace in their home.

KEVIN TUONG/FOR METRO

POLITICS

The Hill's social challenges

Life on Parliament Hill, with its parade of free meals and wine-soaked networking events, can make it difficult for even the most stout-willed politicians, staffers and journalists to avoid overindulging at the best of times.

"It's an occupational hazard," said one former senior political aide from a previous Liberal government.

So imagine the challenge for those struggling with alcohol issues, such as Nunavut MP Hunter Tootoo, who stepped down from his cabinet post and left the Liberal caucus Tuesday to seek treatment for what the Prime Minister's Office has only referred to as "addiction issues."

Tootoo has not spoken about his experience, but former MPs and staffers recall a lifestyle marked by multiple receptions



Hunter Tootoo THE CANADIAN PRESS

with stakeholders every night, where socializing with a drink in hand is considered part of the job.

Former Liberal MP Marlene Jennings remembers the atmosphere during her time in Ot-

tawa, with a variety of organizations hosting receptions as part of their lobbying efforts on any given night. MPs and senators would circle the room to exchange business cards with a glass of wine in their hands before heading back to a debate — or on to another event.

"Even those who have absolutely no drinking problem, it becomes really easy to have that glass of wine and then have the second one and you're not realizing that you're on to your third one," she said Wednesday.

Don Boudria, an Ottawa-based lobbyist and former Liberal member of Parliament, says more awareness about mental health and addiction — and more women on Parliament Hill — means things are not nearly as bad as they used to be. THE CANADIAN PRESS

Have you been diagnosed with depression?
Do you continue to have depression symptoms despite taking at least two different antidepressant medications?
Royal Ottawa Mental Health Centre is currently enrolling participants for a clinical research study to look at the effectiveness and safety of an investigational medication (given as a nasal spray) in patients with depression who have not responded to prior treatment with at least two antidepressants.

To be considered for the study, you must be:

- 18 to 64 years old
- Diagnosed with depression
- Still be experiencing depression symptoms despite having taken two antidepressant medications in the past
- Comfortable with using a nasal spray
- Able to provide written informed consent

The study doctor will discuss additional requirements for being in the study.
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A man searches for people in flooded buildings in the town of Montargis, south of Paris, on Wednesday. Torrential downpours have lashed parts of northern Europe. AFP/GETTY IMAGES



Residents pass through the flooded streets of Montargis via an inflatable raft. AFP/GETTY IMAGES

FLOODING

French cities get pummelled by rain

Floods devastated regions across France on Wednesday — in some areas, the worst seen in a century or more. The Seine River overflowed its banks, one French town was evacuated, travellers trapped on a submerged highway were rescued by soldiers and boat cruises in Paris were cancelled.

Meteorologists said more bad news is coming — the waters are expected to keep rising for days.

Drenched tourists were rearranging plans, schools in one region were shut down and the French government pressed to rescue thousands of people trapped in homes or cars in provincial towns.

No casualties have been reported, but emergency workers have carried out more than 8,000 rescue operations from

the Belgian border south to Burgundy over the past two days, Interior Minister Bernard Cazeneuve said Wednesday.

Paris City Hall closed roads along the shores of the Seine from the Left Bank in the east to the Eiffel Tower neighbourhood in the west, as water levels rose at least 4.3 metres (14 feet, 1 inch) higher than usual.

Jordan Muller, a 25-year-old from Seattle who is living in Paris, jogged along the Seine quay despite its slippery cobblestones.

“Well, my normal running route is completely gone,” she said. “I usually run up the stairs (toward) the Eiffel Tower. Got to the stairs and they are underwater. So I had to turn around. I have to find a new running route today.”

THE ASSOCIATED PRESS

Gun drama on campus

UCLA

Overwhelming response to murder-suicide

A murder-suicide at a UCLA engineering building Wednesday drew hundreds of heavily armed officers who swarmed the Los Angeles campus, where students close to summer break barricaded themselves in class-

rooms as best they could before being evacuated with their hands up.

About two hours after the first 911 call came in around 10 a.m., with the centre of campus still saturated with officers, Los Angeles Police Chief Charlie Beck declared the threat over. Two men were dead in an office, and authorities found a gun and what might be a suicide note, he said.

Authorities did not identify

the men, and a motive was not immediately clear.

The response to the shooting was overwhelming:

Teams of officers in helmets and bulletproof vests who were looking for victims and suspects ran across the normally tranquil campus tucked in the city's bustling west side. Some with high-powered rifles yelled for bystanders to evacuate. Groups of officers stormed into buildings that had been locked down

and cleared hallways as police helicopters hovered overhead.

Advised by university text alerts to turn out the lights and lock the doors where they were, many students let friends and family know they were safe in social media posts. Some described frantic evacuation scenes, while others wrote their doors weren't locking and posted photos of photocopiers and foosball tables they used as barricades. THE ASSOCIATED PRESS

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IN BRIEF

Egypt says signals picked up from plane's black box

Egypt said Wednesday that a French ship has picked up signals from deep under the Mediterranean Sea, presumed to be from one of the black boxes of the EgyptAir plane that crashed last month, killing all 66 passengers and crew on board. The development raised hopes the plane's black boxes.

THE ASSOCIATED PRESS

Spare the children: UN

The UN children's fund issued a stark warning to Iraqi troops and Daesh militants in the battle for Fallujah to spare the children, the most vulnerable among civilians who remain trapped by the fighting for control of this city west of Baghdad. The UNICEF estimated the number of the children trapped with their families inside the city at about 20,000. THE ASSOCIATED PRESS

TECHNOLOGY

Apple to delay big iPhone refresh: Analysts

Can Apple slow the pace of smartphone innovation?

That's the question the tech community is asking as the Apple rumour mill churns with speculation about the company moving to a three-year iPhone refresh cycle, as opposed to its current two-year product plan.

Apple fans are used to the company releasing a major update to its smartphone one year, denoted by the number

after its name — like the iPhone 6 in 2014 — incrementally improving the model the following year — the iPhone 6S in 2015.

As such, many analysts were expecting something big coming from this September's model, likely the iPhone 7.

However, many reports are now saying that the company will likely release another product with some improve-

ments and upgrades — an incremental update but nothing particularly revolutionary.

Instead, the big refresh is likely being saved for 2017, which also happens to be the 10th anniversary of the iPhone.

An Apple spokesperson declined to comment on the speculation regarding its future smartphone models.

TORSTAR NEWS SERVICE

+ SLOWED SALES

The global smartphone market is saturated and growth has slowed. After 8 years of incredible growth, this past quarter Apple reported iPhone sales slowed, selling 51 million iPhones — down from 61 million units from the same time period a year earlier.



The United Arab Emirates says this building is the world's first functional office building made using three-dimensional printer technology, in Dubai. KAMRAN JEBREILI/THE ASSOCIATED PRESS

3-D printing soars to new heights

INNOVATION

Software will revolutionize construction industry: CEO

There are office printers that spit out documents and others that always seem to jam. And then there those that make the office itself.

A small group of employees in Dubai is starting to move into a new workspace that the emirate says is the world's first functional office building made using three-dimensional printer technology.

Dubai's ruler quietly inaugurated the whitewashed buildings last week, not far from the site of a planned "Museum of the Future" that is due to open in 2018.

Looking like a mashup of a Jetsons abode and an Apple Store, the compact office was printed out layer by layer over 17 days at a cost of \$140,000, said Saif

al-Aleeli, the CEO of a government initiative called the Dubai Future Foundation that is behind the project.

Features include a tree-shaded outdoor garden deck and LED lights that automatically adjust to the brightness outside.

"Why 3-D printing? Because it makes sense in terms of cost, in terms of time-saving, in terms of efficiency," the 29-year-old al-Aleeli said. "We really believe that this technology will revolutionize the construction, the development sector as well as other sectors."

Products made using 3-D printing are first designed on a computer and then printed out using a variety of materials, including metal, plastic and concrete.

Developers are finding a growing number of uses for the technology as it evolves.

"The future will be 3-D printed," al-Aleeli predicted. "I won't be surprised if in 20 years down the road whole cities will be 3-D printed." THE ASSOCIATED PRESS

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FOOD

Pizza Hut to remove artificial ingredients

Pizza Hut said it will remove more artificial ingredients from its pizza pies in the next year at its U.S. restaurants.

The company already removed artificial flavours and colours from its pizzas last year.

Pizza Hut, which has about 6,400 U.S. restaurants, said the preservatives BHA and BHT will be removed from all its meat by next month. Artificial preservatives in cheese will be cut by next year. Chicken will now be free of human antibiotics by March.

Some of the world's biggest restaurant chains have been tinkering with their recipes to appeal to people who are pay-



ing more attention to ingredient labels.

McDonald's Corp., for example, is testing Chicken McNuggets without artificial preservatives. Sandwich chain Subway is switching to meat raised without antibiotics. And Taco Bell, ditched some artificial colours and dyes last year.

THE ASSOCIATED PRESS



DESMOND COLE ON MARIJUANA



The line between needing pot for an illness and wanting it for pleasure needs to be blurred in order to erase stigma, and avoid foolish expenditure of resources.

The problem is pot stigma, not the “black market.”

Last week’s police raids of marijuana dispensaries in Toronto exposed an important feature of the so-called “war on drugs” in Canada. For years, most Canadians have told pollsters that pot should be legalized or decriminalized. More and more people are recognizing the medical benefits of weed. Our war, then, seems not so much on marijuana as it is on people who have been selling and using it illegally, especially for recreation.

Pot advocates have warned that the “black market” of presumed gangsters will benefit from the dispensary raids. To me, the “black market” is just another term for the people you bought your weed from before dispensaries.

Our government has exploited the stigma of consuming pot for fun, rather than for health, to criminalize the market and create space for armed, organized gangs to control it. It’s going to take a lot more than legalization to end a stigma around weed that has encouraged crime and led to an untold waste of public resources.

It’s easy to hate the players in the drug trade, especially those who can’t afford a storefront, but the foolish game of prohibition itself is the reason people cannot access marijuana in peace and safety. The problem is

I don’t care if someone without a medical condition can get weed from a dispensary or dealer, as long as no one is harmed.

not that people with shady motives want to sell weed, but that the government has incentivized such people by making it a crime to grow and sell pot.

Graham Clark, a Toronto criminal lawyer, seized on this in his reaction to the recent dispensary raids. “Every person who now cannot go to a dispensary will instead have to trek into the black market that government and police, through prohibition, create to the great

Cannabis Coalition argued, “when compared with (government-sanctioned) mail order or the black market, dispensaries in Toronto provide a safe, informative environment where patients can source high-quality medical cannabis.”

This statement is true, but the contrast between dispensaries and street drugs reinforces stigma. Just as people who use pot for medicinal purposes have long relied on illegal, recrea-

blurred in order to erase pot stigma. Yes, there is a big difference between needing pot for a diagnosed illness and wanting it for pleasure. But the difference should never be used to justify the violence, policing costs, criminal records, prison sentences, and court expenses the government currently employs against recreational users and suppliers.

I don’t care if someone without a medical condition can get weed from a dispensary, or her local dealer, or by growing it at home, as long as no one is harmed or threatened in the process.

Removing the stigma associated with marijuana can help us to avoid more foolish time and resource expenditures in the future. For example, in a post-legalization era, the government should make it cheap and easy for people to receive pardons with criminal records related to pot.

There shouldn’t be any sanction for smoking weed in public, selling it on the street, or growing small amounts of it on the balcony — it cannot be added to the preposterous regime of provincial-offence tickets for such horrors as drinking in public, begging for change, or sleeping in a public park.

Pot proponents will have to fight for these realities — they will be less successful in doing so if they reinforce the stigma around weed that makes it OK to sell weed in a posh dispensary, but not OK to grow at home, smoke in public, or trade on the street. If people want marijuana, let them have it without shame or sanction.

Instead of reinforcing fear of a black market, let’s make such a market irrelevant.

Desmond Cole is a Toronto-based journalist.



Cannawide marijuana dispensary is raided by Toronto Police officers in Toronto on last week. In decrying the raids, pot advocates have held out the dispensary model as preferable to the “black market.” COLE BURSTON/THE CANADIAN PRESS

benefit of actual criminals,” Clark said.

The latter part of Clark’s statement, about government creation of crime through prohibition, is absent from many condemnations of the raids. Rather, the spectre of a dangerous criminal market is being used to explain why police should leave dispensaries alone.

In a news release calling for all charges to be dropped against dispensary operators and employees, the Toronto

tional suppliers, recreational users have almost certainly been benefitting from dispensaries whose stated purpose is to provide medical marijuana.

Some Toronto dispensaries reportedly have very lax standards for determining a person’s medical need for marijuana. If this is true, dispensaries are successfully blurring the line between selling pot for health reasons, and simply helping people get high.

This line needs to be

ROSEMARY WESTWOOD

In putting health above all, Tootoo has served his country well

Lately a certain someone has been bemoaning our culture’s seeming lack of interest in, even wilful ignorance of, history.

Every time I bring up some newish trend — “white anger in the U.S.!” — he scoffs and utters some variation of “history repeating itself.”

It’s an irritating recurrence, but given my own spotty sense of the past, I’ve decided he’s got a point.

And so I feel compelled, in the wake of Fisheries Minister Hunter Tootoo’s resignation, to remind us all of how badly addiction-and-politics stories can go.

Tootoo — who was a historic appointment, the first northern MP to hold the fisheries file — stepped aside with little fuss this week. He released a statement asking for privacy, and only vaguely explained a need to address “addiction issues.” The prime minister issued a similarly restrained statement.

Some, including the Aboriginal People’s Television Network, left the story mostly at that. Other media went picking for loose threads. The Globe ran a piece claiming the addiction in question was alcohol abuse, and both it and CTV suggested some kind of incident during the Liberal convention. The Toronto Star followed up with Tootoo’s father, who said his son will “pull out of it.”

We might expect the additional straggling story, but all in all, it’s been a sad but

respectable political event. Tootoo managed to leave a high office with his dignity intact, despite whatever he may be dealing with (and I hope he gets whatever help he needs). From what we understand, he executed this graceful exit (for now) for himself. An equally dignified but quieter version of fellow Liberal MP Seamus O’Regan’s public announcement this winter he was going to rehab for alcoholism. For both these examples, we should be grateful. In not-so-distant history, all was not thus.

Rob Ford’s battle with addiction turned Toronto City Hall into an international laughing stock. It sidelined important city business. It wasted citizens’ time and money. It caused apparently irreparable schisms between supporters and critics, mostly because Ford lied with reckless abandon about his problems. Even Ford’s well-chronicled rehab efforts were marked with controversy. Everything he touched became a trending story, and rarely was the city served in the process.

In stark contrast, we have Tootoo. He had only recently gained so much, and inspired so many. And instead of fighting to hold onto that, he has chosen to take care of himself. Canadians will be better served in the interim, which means he’s also chosen what is best for us. That, above all moves by a politician, is praiseworthy.

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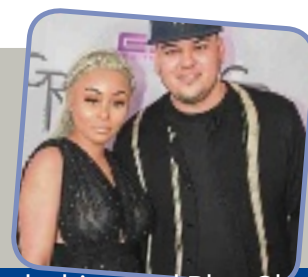
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Love and darkness of the '90s

INTERVIEW

Moby memoir covers sex, booze and making music

Melita Kuburas
Metro | Canada



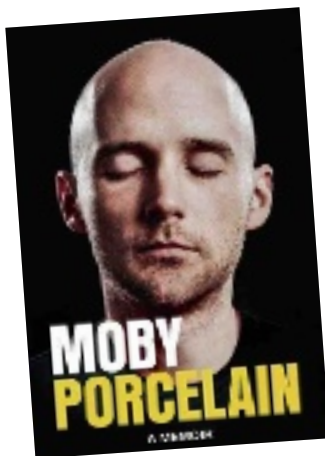
Money has not been a great motivator for Moby.

When the musician got his first big break, a regular DJ-ing gig at a New York City nightclub called Mars, he was living in an abandoned factory in a crack neighbourhood in Stamford. He had no running water and would urinate in an empty water bottle, showering once a week at other people's homes. But his \$50-a-month space had electricity, which meant he could cook oatmeal on a hot plate, and, more importantly, make music.

"It was pretty squalid, but I was considerably happier there than when I lived in a five-level apartment overlooking Central Park, and Bono and Alec Baldwin were my neighbours," Moby says.

In fact, he sees most manifestations of luxury as either gratuitous or something to worry about.

Sitting in a hotel lobby last week wearing jeans, a light gray tee and dark sweatshirt with a few animal hairs clinging to it, the musician has just come back from an interview at a morning TV show in Toronto, discussing his memoir, *Porcelain* (also the title of a song on his hit 1999



album, *Play*, which was recently cited by Adele as having inspired her sound on 25).

"Backstage there were a bunch of pugs and I got to spend like, five minutes rolling around on the floor with pugs," says the animal rights activist and long-time vegan. "If I had \$500 jeans or a \$500 sweatshirt, I would have been scared to do that. And I think there shouldn't be anything in your life that you have to worry about in the presence of pugs."

Born in New York City, Moby grew up in Connecticut, raised by a single mom who occasionally would send him out to buy groceries with food stamps. After his career takes off in the early '90s, he becomes an international star with electronic hits like *Go* and *Feeling So Real*. But his success flounders with the release of a punk rock album called *Animal Rights*, and after eight years of sobriety a post-breakup beer in a San Francisco dive bar

leads to regular binge-drinking and severe anxiety.

Moby wrote *Porcelain*, putting a lot of effort into transporting detail — from the pools of blood of butchered animals in Manhattan's Meatpacking District, to the texture of the sheets and bedspreads in the drab hotel rooms he slept in while on tour. Even the spouts of vomit, semen, and spit that accompany alcohol and drug-fuelled parties are declared.

Through his writing, the past would come to seem more real than the present, says Moby. "It's like Proust with his madeleine in *Remembrance of Things Past* where there's this cascade; this domino effect," he says. "I would just sort of then remember all these different memories and try to describe them in a way that gave them almost a tactile quality."

Living in New York wasn't easy — he writes of encounters with drug dealers, angry cab drivers, and a constant search for love and a soulmate that often left him feeling lonely and insecure.

"Cities even at their best are still difficult, challenging places. And oftentimes whether you're an artist or a writer or a musician, sometimes you're making your art or music or writing a reflection of the dynamism of the city but also as a refuge against it."

Still, Moby's biggest fear was having to leave the city and to go back to the "purgatory" of life in the suburbs, he says.

It wasn't being broke that he was afraid of — it was going back to a "lifeless environment."



Moby says cities, even at their best, are difficult and challenging places. "Whether you're an artist or a writer or a musician, sometimes you're making your art or music or writing a reflection of the dynamism of the city but also as a refuge against it." COURTESY MELISSA DANIS



JOHANNA SCHNELLER **WHAT I'M WATCHING**

London Spy a complex tale of love at its core

THE SHOW: *London Spy*, Season 1, Episode 4 (Netflix)

THE MOMENT: On Hampstead Heath

Danny (Ben Whishaw, beyond excellent), a reformed crackhead, and his mentor Scottie (Jim Broadbent, always excellent), walk and discuss Danny's late lover Alex (Edward Holcroft).

When Alex died, Danny learned he was a spy — and that he's dangerously entangled in Alex's secrets.

"It was his funeral last week," Danny says. "Do you know how I found out? Heard about it on the news."

"I can't count how many men I've comforted when their partners were dying and the family wouldn't allow them into the hospital," Scottie says, quietly furious. "I'm sick of it."

"What am I doing all this for?" Danny asks. "Because Alex discovered some government secret? So what? They lied about a war? They spy on us? What's it got to do with me?"

I can't do justice to this series' brilliance. You just have to watch it. As chilling as the spy stuff is, it's merely the McGuffin that allows creator Tom Rob Smith to tell a stunningly written story about love.

Alex was inscrutable, but not because he was a spy. Because he lied. Because we lie. Because we're unknowable. So what are we loving, when we love? What a person does? What we project?

These questions are made meaningful by Danny and Scot-

tie, two of the most thoroughly imagined and beautifully rendered characters I've seen. Their relationship is so rich, so specific. Every hour stabbed me in the heart.

Please, do NOT speed to the fifth (final) episode, to get the "answers."

The answers don't matter. The questions do.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Ben Whishaw is Danny, a reformed crackhead left with many questions after the death of his boyfriend Alex. CONTRIBUTED

NEW BOOK

An in-depth look at how we hear

First, the good news: only 2.5 per cent of the population is scientifically tone deaf. So if you suspect you are, you're probably being too hard on yourself. The bad news: while researching his new book, *Bad Singer*, Tim Falconer found out that he officially qualified.

As a great listener of music, it was a diagnosis the journalist and author found crushing.

"My other books, I would talk about what I was writing," he says, sipping a bottle of water in a Toronto coffeeshop.

"This book, I didn't talk about it because I would have to admit to people I was tone deaf. After I was diagnosed I didn't even tell friends. So, yeah, it's a bit embarrassing."

With *Bad Singer*'s publication, Falconer is adjusting to being known as the guy who literally wrote the book on bad singing.

His investigation into how science is illuminating the way we experience music covers physical and psychological barriers to singing, how music



Author Tim Falconer on stage in the Zoomer Radio Concert Hall in Toronto. TORSTAR NEWS SERVICE

communicates emotion and the back seat that pitch takes in pop music.

But it's Falconer's own attempts to outwit his brain's deficit and master singing (or at least master singing the Beatles' *Blackbird*) that forms the throughline of the book.

After Université de Montréal cognitive neuropsychologist Isabelle Peretz diagnosed Falconer with congenital amusia, a term she coined to describe what we commonly call tone deafness, he trained for seven months to improve. Then he returned for further testing.

"I spent a day and a half just failing test after test," he recalls (in one test, he was asked to identify music as either a waltz or a march; in another, he sang *Happy Birthday* with "la la la" in place of lyrics).

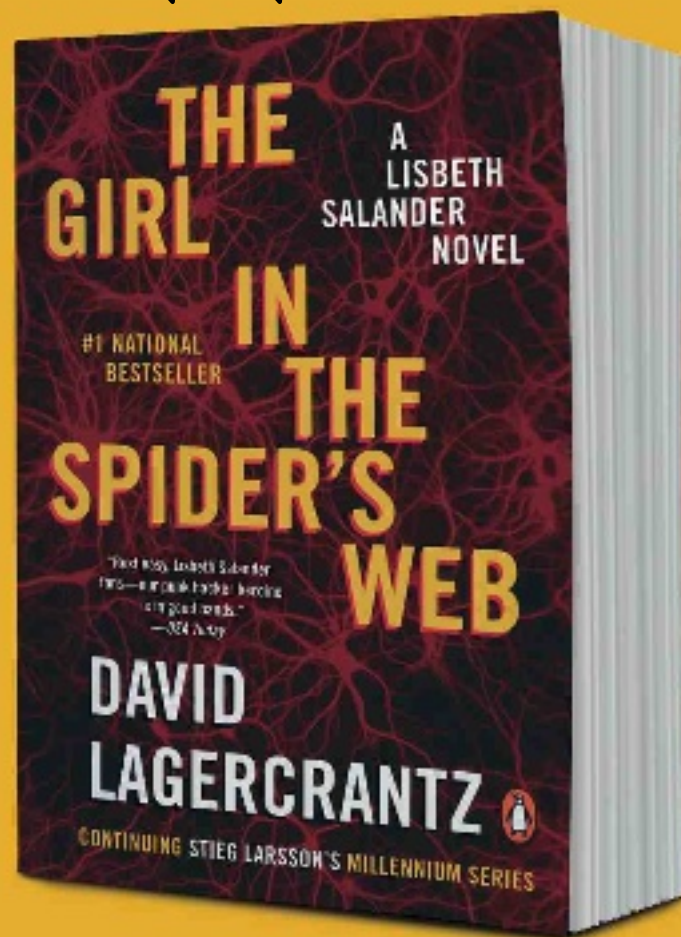
"At the end of the day and a half, one of the researchers took me aside and said, 'We have some results.'"

"There has been modest improvement.' So I thought, I guess I'll keep going. But I think if I weren't a writer, I would have given up fairly early on."

TORSTAR NEWS SERVICE

The Girl is Back

in paperback



"Rest easy, Lisbeth Salander fans—our punk hacker heroine is in good hands." —*USA Today* (4 out of 4 stars)



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#thegirlisback

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MEET THE CONDO



CANAL LOFTS

Units selling fast

CONTRIBUTED

Project overview

Canal Lofts, a new project by Surface Developments, was just launched on May 15. Within days, it was about 85 per cent sold out. With condo fees at 29 cents per square foot, the suites offer an affordable, but stylish alternative in an upscale neighbourhood right by the Rideau.

Housing amenities

The condos have a welcoming boutique feel. Each suite has stainless appliances, hardwood and porcelain tile floors and quartz countertops. Surface Developments offers free customization and allows condo buyers to choose environmentally friendly upgrades for more efficient, cost-effective living.

Location and transit

Located only one block from the canal, the site is close to the University of Ottawa, Highway 417 and the transit way — soon to also include an LRT stop. The area is also complete with shopping, grocery stores, and plenty of cafés, restaurants and bars.

In the neighbourhood

Only a short 15-minute walk from downtown, residents can enjoy multiple parks, walking and biking paths and the Rideau Canal. Not to mention, some of Ottawa's trendiest areas, such as the ByWard Market, the Glebe and Centretown are just around the corner.

ILANA REIMER/FOR METRO

+ NEED TO KNOW

What: Canal Lofts
Builder: Surface Developments
Location: 150 Greenfield Ave.
Building: Four-storey condominium
Size: 478 sq. ft. to 1,430 sq. ft.
Pricing: Starting from \$207,000

Model: One to three bedrooms, one to three bathrooms
Status: Now selling
Occupancy: March 2018
Sales centre: 88 Spadina Ave.
Phone: 613-233-4210
Website: surfacecondos.com

CRAFTING

Do-it-yourself tropical leaf pillow prints



Oversize tropical leaf prints are all the rage right now.
 PHOTOS DEBRA NORTON/FOR TORSTAR NEWS SERVICE

Oversize banana leaves and tropical fronds are a hot trend this season. Turn up the heat on your sofa or patio settee with pillows sprouting tropical leaves that make a stylish imprint inside or out. Big leafy prints are easy to make with oversize stamps made from the leaves of these architectural plants found at your local florist.

- Step 1: Gather and shop for the supplies:**
 You'll need:
- A tropical leaf (we used a split leaf philodendron)
 - Cotton or linen pillow covers
 - Fabric paint
 - Scissors

- Paintbrush
- Glue
- Pencil
- Craft foam sheet
- Two pieces of Foam-core or cardboard
- Small paint roller

- Step 2: Trace an outline of the tropical leaf.**
 Pick a leaf that is easy to trace, such as a philodendron or a banana leaf — both leaves are readily available at florists. Place the tropical leaf on the sheet of craft foam and trace around it using a pencil.

- Step 3: Cut out the leaf design.**
 Using scissors, cut out the traced leaf design.

TIP
 Stamped fabric will likely produce a slightly faded print that you can brighten up with additional paint, if you want.

- Step 4: Glue the design onto foam-core or cardboard.**
 Glue the cut-out to a piece of foam-core or cardboard that is slightly larger than the leaf design. Let dry.

- Step 5: Roll paint onto the stamp.**
 Using a paint roller, apply a generous amount of paint to the leaf design. Use enough

paint that it covers the entire stamp but isn't drippy.

- Step 6: Place a piece of foam-core or cardboard inside the pillow to prevent paint from bleeding through the fabric.**
 No further explanation needed.

- Step 7: Stamp the fabric.**
 Place the stamp face down onto the fabric pillow cover. Using the palms of your hands, press down firmly and evenly. Carefully lift the stamp off of the fabric. Let paint dry according to the paint manufacturer's directions.

TORSTAR NEWS SERVICE

SIX LESSONS FOR THE FIRST-TIME HOMEBUYER

How do buyers hoping to break into the competitive and pricey home market prepare for their first purchase? Here are six of the most important lessons first-home buyers can learn:

Lesson #1: Figure out your budget.

Aside from your down payment and mortgage, “there are other costs associated with the transaction, as well as the setting up and running of your new home, like legal fees, home repairs, furnishings and maintenance,” says Erica Nielsen, VP of Home Equity Financing at RBC. “Look to your mortgage specialist to help you set up a realistic budget.”

Lesson #2: Get preapproved.

“We hear stories about people who look and even purchase a home that stretches the bounds of what they can afford,” says Nielsen. “Get preapproved first so you can be looking for homes that are relevant to what you can actually afford.” It’s never too early to find out how much you can afford, and put the preapproval in place. It just means you’re ready, and

there’s no commitment to buy.

Lesson #3: Decide what’s most important.

“Think about what’s most important to you at this stage of life and over the longer term.” Nielsen suggests looking at a five-year horizon and weighing those things that are most important, then aligning them as closely as possible to your budget.

Lesson #4: Surround yourself with a good team.

Talk to people and ask for recommendations. “Most importantly, you need to work with experts you trust,” says Nielsen: a good mortgage specialist to help with your budget and financing and a real estate agent who understands your needs and the neighbourhood you want.

Lesson #5: Consider unique approaches.

Fixer-uppers, income properties and sharing ownership are just a few creative ways to make a home affordable, but educating yourself is key. “Should you purchase with someone



The key step for first-time home buyers is to surround yourself with experts you trust. ISTOCK

else, you need open communication; be clear about what’s affordable and agree on an exit strategy if someone wants to sell out,” advises Nielsen.

Lesson #6: Don’t let a few disappointments get you down.

In a competitive real estate market, it’s import-

ant for first-time homebuyers to realize it may be necessary to bid on multiple homes. “Focus on the end game and not each individual bid,” says Nielsen.

“First-time buyers will eventually find a home they’re delighted with. Remember, there are many houses out there that will meet your needs and your budget.”

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Cleveland outfielder Marlon Byrd has been suspended 162 games for testing positive a second time for a performance-enhancing drug

Sheary's link up with Sid leaves him in dreamland

STANLEY CUP FINAL

Pens' elusive young ace is playing well beside Crosby

Conor Sheary was still a high school student when Sidney Crosby was playing for the Stanley Cup in 2009.

He remembers watching every game, never contemplating for even a second that he might line up next to the Penguins captain in another Stanley Cup final seven years later.

"You always want to get there, but you never really envision that, especially an undrafted guy like myself, it's hard to imagine," he said.

Sheary is the unheralded, undrafted 23-year-old playing and producing on Crosby's left wing. He scored the second goal of the Penguins' series-opening win on Monday night after receiving a brilliant feed from the Pittsburgh superstar.

It was the third goal and eighth point of the playoffs for Sheary. The lowest-paid player on the team roster is, for the moment, lining up with the

arguably the game's top talent on the biggest stage possible.

Sheary, a five-foot-eight 175-pounder, was undrafted out of the University of Massachusetts-Amherst, where he played for four full seasons. The native of Winchester, Mass., led Pittsburgh's AHL affiliate in scoring before signing a two-year deal with the NHL club last summer. Most clubs were only offering amateur tryouts. Pittsburgh, Sheary said, was one of the few teams seriously interested in his services.

"I think being overlooked a few times just make its that a little easier for to have that chip on my shoulder," he said.

Sheary started this past regular season back with AHL Wilkes-Barre on a team coached by Mike Sullivan, who later replaced Mike Johnston as the NHL team's head coach.

Sheary was in the Penguins lineup four days after Sullivan's promotion in December. He had a goal and an assist in his second NHL game, much of it spent alongside Crosby, who was surging after a slow start to the season.

The two would play only 67 minutes or so together at even strength in Sheary's 44 NHL

Monday night was a pretty special moment.

Conor Sheary on scoring in Game 1 off Sid Crosby's pass



Conor Sheary of the Pittsburgh Penguins skates against the San Jose Sharks in Game One of the 2016 NHL Stanley Cup Final. BRUCE BENNETT/GETTY IMAGES

games, but something fit and the connection would resume again in the post-season.

In assessing the chemistry between the two, Sullivan pointed to Sheary's quickness, his elusiveness in tight spaces, smarts and instincts as well as his ability to work well in tight spaces.

"These are all areas of Sid's games that I think are his strengths," Sullivan said. "So to have a guy like Conor to play with him that allows him

the opportunity to play that give-and-go game, maybe free up some space or create some space for Sid to make a play, in those types of situations. I think their skill sets are complementary."

Late in the first period of Game 1, Crosby raced for a loose puck in the Sharks zone and then fired a backhand pass across the ice to Sheary, who beat netminder Martin Jones. "He makes it pretty easy to play

with him when he finds you all over the ice," said Sheary. It was quite a high for someone who was passed over by all 30 teams in the draft.

"It's been a pretty surreal and whirlwind year for myself," Sheary said. "And (Monday) night was a pretty special moment." THE CANADIAN PRESS

Go to metronews.ca for coverage of Game 2 of the Stanley Cup final

NBA FINALS

Iguodala is unsung hero, says Steve Kerr

All season long, MVP Stephen Curry, Klay Thompson and Draymond Green drew the attention and accolades.

When it comes to the biggest moments of the playoffs, that's when the Golden State Warriors turn to Andre Iguodala.

Last year's NBA Finals MVP is a major reason why the defending champions are back in this spot with a chance to repeat.

"He's always kind of our unsung hero. He never has the numbers that jump out at you in the box score, so people don't write about him or show him much on the highlights," coach Steve Kerr said. "But he's a phenomenal defensive player and he's an incredibly intelligent player. He settles us down on offence and takes the toughest assignment on defence."

Last June, the play of Iguodala against LeBron James helped swing the NBA Finals for the Warriors, and he was called upon again to handle the daunting load that is Kevin Durant in the deciding Game 7 of the Western Conference finals. He shined, as usual.

THE ASSOCIATED PRESS



Andre Iguodala

GETTY IMAGES

IN BRIEF

Clitsome calls it a career

Winnipeg Jets defenceman Grant Clitsome has announced his retirement.

Clitsome said in a statement posted Wednesday on the Jets' website that a back injury has forced him out of the game.

The 31-year-old Ottawa native last played in the 2014-15 season. Clitsome played seven seasons in the NHL for Columbus and Winnipeg, totalling 15 goals, 56 assists and 98 penalty minutes over 205 games. THE CANADIAN PRESS

Venus out of French Open

Venus Williams was unable to join her sister in the French Open quarterfinals, failing in a bid to get back to that stage at the clay-court Grand Slam tournament for the first time in a decade.

Finally back on court after her fourth-round match was postponed twice because of bad weather, the No. 9-seeded Williams lost to No. 8 seed Timea Bacsinszky of Switzerland 6-2, 6-4 on Wednesday.

THE ASSOCIATED PRESS

OLYMPICS 2016

Bursaries aiding some Rio-bound athletes



Canada's Jacqueline Simoneau

Jacqueline Simoneau no longer chooses between vegetables or a massage in the run up to Rio.

The 19-year-old synchronized swimmer from Saint-Laurent, Que., is among 50 athletes who recently cashed a \$10,000 personal check and can look forward to four more of them.

Simoneau, who will compete with duet partner Karine Thomas at the Summer Games in August, was selected from over 500 applicants for bursaries supplied jointly by the Canadian Olympic Foundation and the HBC Foundation. "My body is really my tool

for my sport and I need to take care of it," Simoneau said Wednesday from Toronto where the bursary program was announced. "Ideally, my coach wants me to have a massage three times a week. Before, I was barely able

to afford once a week. I'd have to save money for something, for vegetables or the like."

"Since I've gotten the bursary, I don't have to worry about it too much." Athletes in both summer and winter sports were selected to receive cheques annually from 2016 until the 2020 Summer Games in Tokyo for a total of \$2.5 million.

Some other Rio-bound athletes chosen for bursaries were Montreal fencer Joseph Polossifakis, Toronto boxer Mandy Bujold and Calgary wrestler Erica Wiebe. THE CANADIAN PRESS

\$10,000

Five payments of this amount will go to 50 Canadian athletes prior to the Olympic Games

RECIPE Sundried Tomato and Spinach Farfalli with Walnuts



PHOTO: MAMA VISNEI

Ceri Marsh & Laura Keogh
For Metro Canada

Ready in
Prep time: 5 minutes
Cook time: 15 minutes

Ingredients

- 3/4 cup chopped walnuts
- 1/4 cup extra virgin olive oil
- 3 cloves garlic, minced
- 1/4 cup drained and sliced oil-packed sun-dried tomatoes
- 1/4 teaspoon dried crushed red pepper
- 2 cups baby spinach
- 1 pound farfalle pasta
- 1 cup ricotta cheese
- 3 tablespoons vegetable stock or water
- freshly grated parmesan cheese

Directions

1. In a small skillet, warm walnuts over medium heat so they release their oils and are warm, about 3 minutes. Remove from heat

and place in small bowl.

2. Bring a pot of salted water to a boil. Cook the pasta until al dente. Scoop a bit of pasta water from the pot before draining.

3. In a large skillet over medium heat, heat oil and then add garlic, sun-dried tomatoes and crushed red pepper. Sauté until garlic is a golden brown, about 3 minutes. Add a handful of spinach in batches and cook until each batch is wilted.

4. In a large serving bowl, whisk ricotta cheese with stock or water. (Use pasta water if you don't have any stock handy.) Then add spinach mixture, pasta and walnuts; toss to combine. Add salt and pepper to taste and grate fresh parmesan cheese over top and serve.

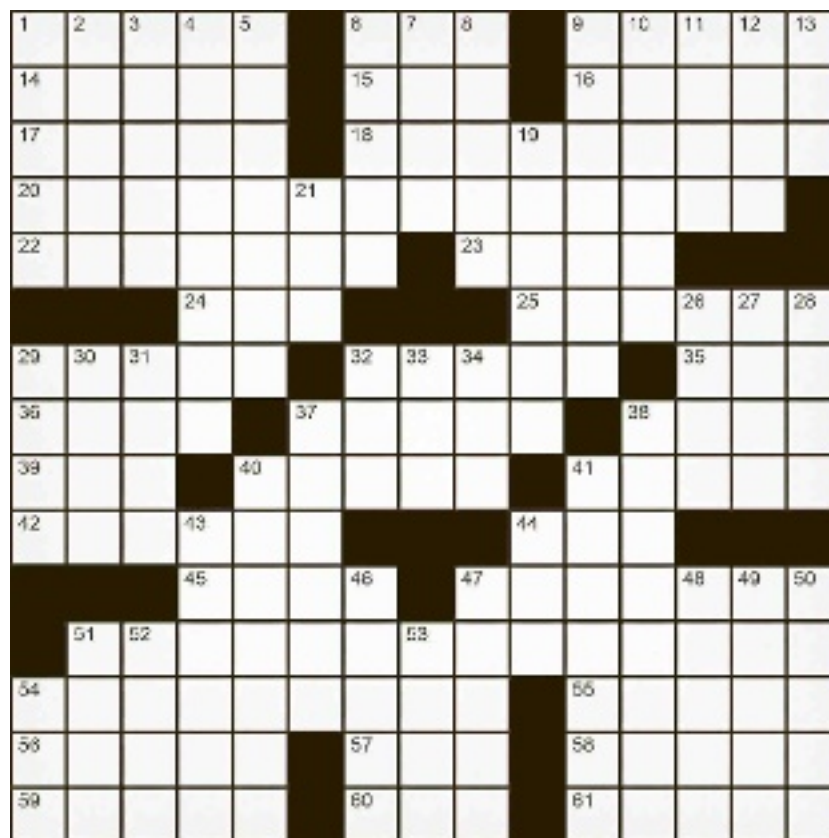
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Singer Ms. Terrell
- Smartphone purchase
- 'Twilight' actress, to fans
- After-midnight hour: wd. + acr.
- Julie, Quebec
- "One Day at ___"
- "It ___ Me" by Shaggy feat. Rikrok
- Great Lake ...en francais
- Lameque and Miscou, in New Brunswick: 2 wds.
- Luxury getaways
- Elvis' "___ Stung"
- English actor Christopher
- Figure skater Ms. Baiul
- Wolf, for one
- Quebec 'book'
- Douglas ___ (BC big tree)
- Kilted family
- Driving speed cap
- Canadian series, "Wind at My ___"
- Performance purchase, puny-ly
- 10th Greek letter
- Toast starter...
- 1989: Oil spill ship, Exxon ___
- Brooch
- "Movin' ___": "The Jeffersons" song: 2 wds.
- Herbal drink for a wise one?: 2 wds.
- Four-leaf clovers: 3 wds.
- Shirley Douglas' role on #38-Across: 2 wds.



DOWN

- Battle, Go ___
- Within ___ of (Nearly)
- Geological flattops
- Country music instrument
- End-of-day complaint: 2 wds.
- Formal orgs.
- Sound of disgust, comics-style
- Coke alternative
- Bar's lipsynch-ing fun
- Times on the job
- Linked
- Flightless flap-pers
- ___ in Need of a Musical Revolution" by Canadian singer Esthero
- Ansel of horror re-make "Carrie" (2013)
- Ingested ingredients
- Outlying
- Sugar-topped

- cookie's name
- Sacred chests
- Surveillance system, e.g.
- ___-Seltzer
- NHL 'N', briefly
- ___ balm (Make-up item)
- Pixie
- Touristy thoroughfare in Rome, ___ Veneto
- Blue semi-precious stone found in Nunavut, in Nunavut, Lapis ___
- 1985 hit for English band ABC: 3 wds.
- "Keeping Up with the Kardashians" cast member
- Apparatus in gymnastics: 2 wds.
- "Listen to the Music" by The ___ Brothers
- Ocean, e.g.
- Legume
- Communicating-by-Web service
- Set of three
- Make corrections to text
- Ore evaluation
- Vinnie's '70s sitcom teacher
- Shakespeare: "___ hard hearts, you cruel men of Rome..."
- Boardroom VIPs
- Spoil

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day for financial negotiations, but guard against extravagance. Nevertheless, look for ways to boost your income and get value for your money.

Taurus April 21 - May 21
This is a strong day for you. The Moon is in your sign dancing with lucky, moneybags Jupiter. Financial speculation might interest you.

Gemini May 22 - June 21
You will enjoy relaxing at home if you get the chance. You want to cocoon and be by yourself. In any case, this is an easy-going day.

Cancer June 22 - July 23
Time spent with a female friend will be rewarding today. This person might encourage you to explore new ideas about politics, religion or long-distance travel.

Leo July 24 - Aug. 23
You make a great impression on others today, and this impression ultimately might bring you more money in the future. Don't hesitate to be generous to someone.

Virgo Aug. 24 - Sept. 23
Shake things up a little, because you need some adventure today. You want to do something different. A short trip or an interaction with someone unusual will please you.

Libra Sept. 24 - Oct. 23
Be open to the offers of others, because you can benefit from the wealth and resources of others today. In turn, you might be generous to someone at work. (What goes around, comes around.)

Scorpio Oct. 24 - Nov. 22
Relations with others, especially partners and close friends, are warm and friendly today because people are upbeat. Make plans to have fun in the future.

Sagittarius Nov. 23 - Dec. 21
It will be easy to get the cooperation of others at work today. If you do this, something will happen that makes you look good in the eyes of your boss.

Capricorn Dec. 22 - Jan. 20
This is a playful day for your sign! Make room for some fun activities with romantic interests, friends or children, because you will enjoy yourself.

Aquarius Jan. 21 - Feb. 19
Home and family are your primary concerns today. In fact, this is a good day to look into real estate possibilities or how to improve your home.

Pisces Feb. 20 - March 20
Because you are in such a positive frame of mind today, others want to be in your company. Everyone likes to be with someone who is upbeat and happy.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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